



As you may know, the **National Junior Disability Championships** (<http://www.njdc2010.org>) are coming to Chicago for 8 days this coming July!

And we need you to come out and volunteer, and to support these amazing and inspiring athletes with disabilities from around the country.

Chicago will be hosting over 300 athletes with physical and visual disabilities aged 7-21 at these games. Competition will be in swimming, track, field, archery, table tennis, power lifting and 3 on 3 wheelchair basketball.



We are looking for your help!! Over 400 volunteers are needed throughout the week of July 17-24, 2010. The games will take place at Deerfield HS and Lake Forest HS and will be hosted locally by Great Lakes Adaptive Sports Association (GLASA).

Here are some of our greatest current volunteer needs:

- * **Sunday, July 18:** Registration (Check-In, Collect Forms, Hand Out Bags and T-Shirts) (AM and PM)
- * **Monday, July 19:** Swimming Timers (AM) and Table Tennis Scorers and Ball Chasers (PM)
- * **Tuesday, July 20:** Pentathlon Setup and Support (AM), Archery Support (PM), and Swimming Timers (Evening)
- * **Wednesday, July 21:** Field Support and Field Pit Assistance (AM and PM)
- * **Friday, July 23:** Track Marshelers/Timers (AM) and Weightlifting Support (PM)
- * **Saturday, July 24:** Track Marshelers/Timers (AM and PM)

We need people for other volunteer jobs throughout the week as well.

You can sign up using our Volunteer Registration Web Site (the link is posted at <http://www.njdc2010.org/index.php/volunteers/>) -- for the specific jobs and days / time slots YOU WANT. Work just one shift on one nice day in July... or better yet, pitch in all week! You'll meet a lot of great people, and feel good about yourself for having helped these wonderful young athletes.



And please forward this email to everyone you know who might be willing to help us out, and have a lot of fun in the process.

More information about the games is at <http://www.njdc2010.org> . If you have questions about volunteering, contact Rebecca Boudos, NJDC Volunteer Coordinator by email at rebeccaboudos@gmail.com .

Please help us out! We guarantee you will be enriched by the experience!